

# Will it be possible to shorten the delay between the start of an outbreak and its detection by health care systems? An example with MERS-CoV

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#### **Emerging and re-emerging infectious of zoonotic origin**

Human health, animal health and the state of ecosystems are inextricably linked with 75% of emerging and re-emerging infectious diseases known to be of zoonotic origin\*



**MERS-COV** 



**Avian influenza** 



**Ebola** 

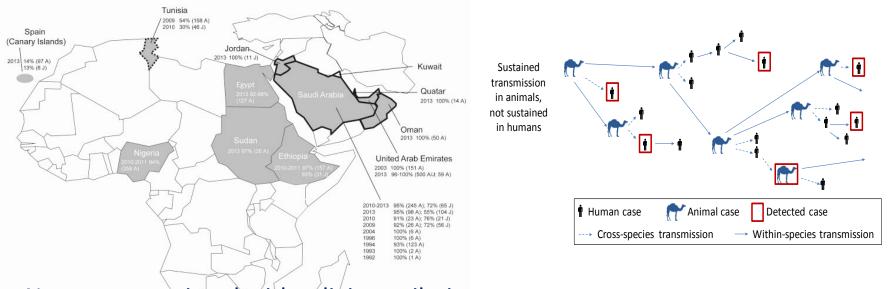


\*Jones et al (2008) Nature



#### **Epidemiology of MERS-CoV**

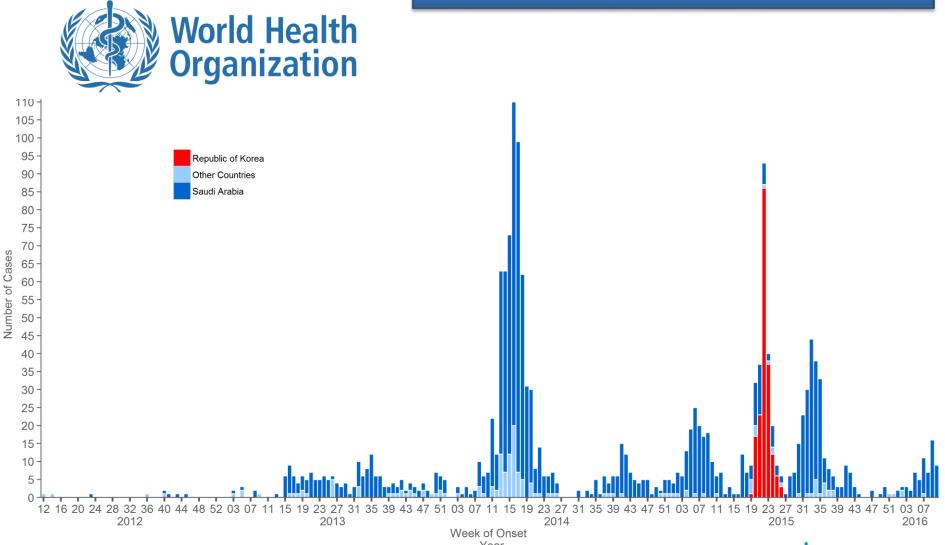
• **Pattern of the epidemic:** repeated sporadic introductions into the human population from direct or indirect contact with dromedary camels (and possibly other not-yet identified animals), resulting in limited human-to-human transmission, notably in healthcare settings



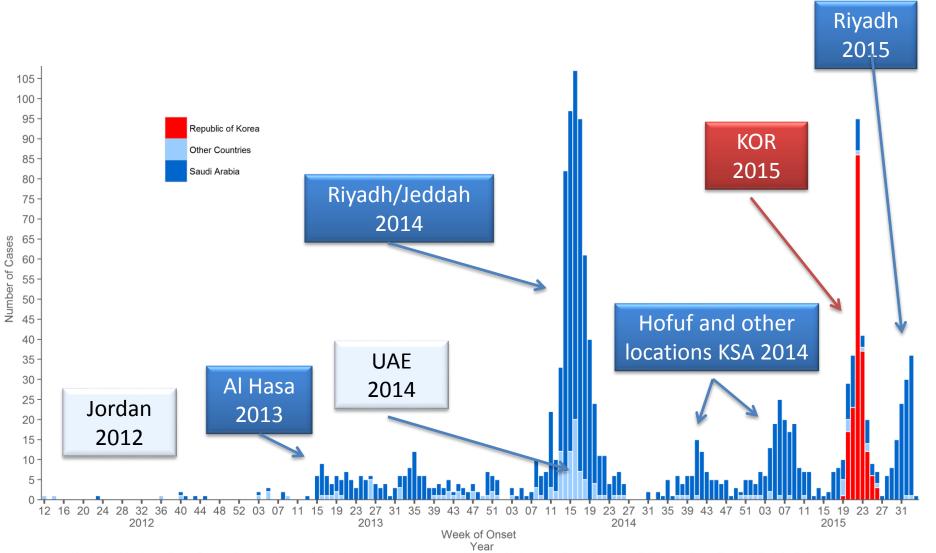
- No cases associated with religious pilgrimages
- There is no evidence of sustained human-to-human transmission
- Failures in infection control and prevention in healthcare settings has resulted in large numbers of secondary cases
  (L) Reuskin et al EID 2014; (R) Ferguson & Van Kerkhove 2014

**MERS-CoV** 

#### >1694 cases reported from 26 countries, >603 deaths



#### Peaks in activity are dominated by nosocomial outbreaks



Other countries: Algeria, Austria, China, Egypt, France, Germany, Greece, Iran, Italy, Jordan, Kuwait, Lebanon, Malaysia, Netherlands, Oman, Paraguay, Philippines, Qatar, Thailand, Tunisia, Turkey, United Arab Emirates, United Kingdom, United States of America, Yemen

Please note that the underlying data is subject to change as the investigations around cases are ongoing. Onset date estimated if not available. Source: WHO

#### **Primary infection – an opportunity?**

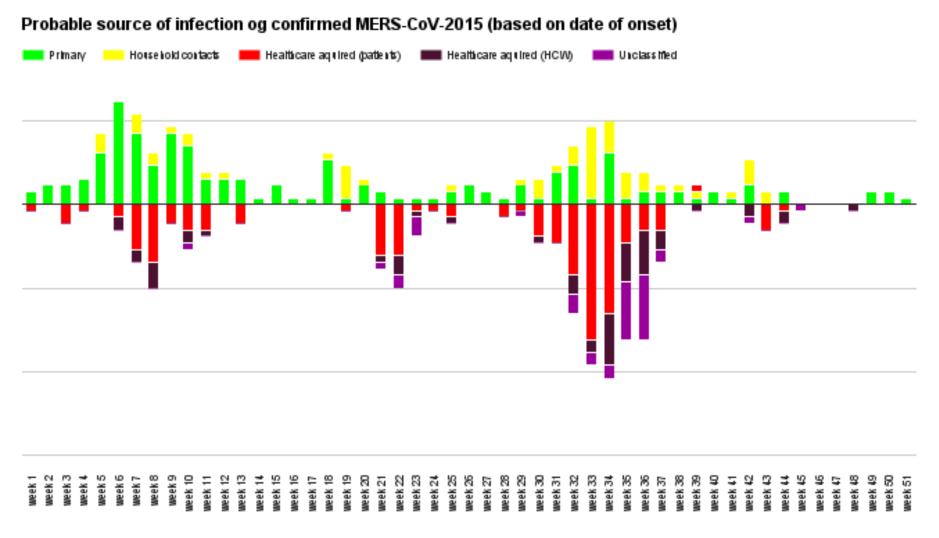
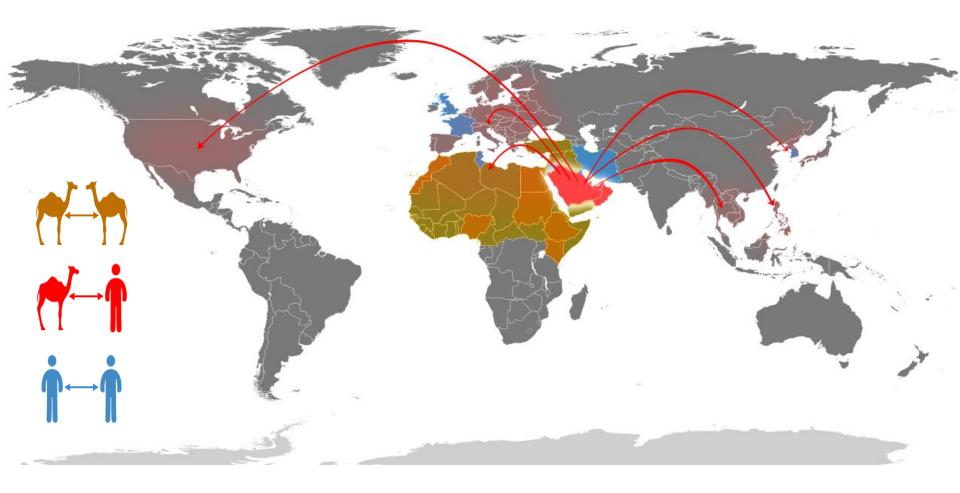


Figure provided by Dr Abdullah Assiri, KSA Ministry of Health



#### **Transmission of MERS**





#### **Human Surveillance for MERS**

- Significant variation in surveillance for MERS-CoV within and outside of the Middle East
  - Testing uneven between countries
  - Testing uneven over the course of the year
  - Noncompliance with surveillance recommendations from WHO
  - Notable increases in efforts to monitor for MERS during Hajj
    - To date, not a single case associated with Hajj (or Umrah)\*
    - Worry is visits to health care facilities or camel contact

### **Animal Surveillance for MERS**

- Improving, but not ideal
- MERS is reportable virus according to OIE (May 2015)
- Surveillance is reactive rather than proactive

\*Waldrom and Doherty 2015; Kumar et al 2015; Barasheed et al 2015; Aberle et al 2015; Annan et al 2015; Barasheed et al 2014; Benkouiten et al 2014; Gautret et al 2014; Memish et al 2014



#### Each human/camel case presents an opportunity

- Improvements in case investigations are urgently needed
  - All human cases of MERS-CoV need to be thoroughly investigated
  - Including
    - Immediate notification of health sector to animal sector if human case reports direct or indirect camel exposure
    - Joint animal and human investigations for all community acquired cases
    - Monitoring and testing of all contacts regardless of symptoms
    - Tracing and testing of animals
    - Reporting of follow up for both animal and human investigations

# If PCR positive camel identified, animal sector should inform human sector

- Reporting of PCR positive camels to OIE (Doha Declaration)
- Knowledge learned leads to improvements in prospective studies and can minimize missed cases seeking health care



#### How can we limit camel-to-human transmission?

- Active surveillance in animals and humans surveillance must be improved
- Intensive and joint animal/human investigations for every case (needs public trust)
- Clear guidance for at risk populations to limit entering human population
- Coordinated, multi-site, inter-sectorial human/camel research is needed to better understand transmission patterns







## Will it be possible to shorten the delay between the start of an outbreak and its detection by health care systems?

- Yes absolutely
- Need better surveillance in animals and humans
- Need better case investigations through:
  - Improvements in field training
  - More cooperation between the animal and human sectors
  - More cooperation within and between countries
- Improvements in health care response earlier suspicion and isolation
- We to limit introduction into the human population with better mitigation measures